



PHRASAL VERBS EXPLAINED

40 B2-LEVEL
PHRASAL VERBS
THAT NATIVE
SPEAKERS USE DAILY

FREE SAMPLE LESSON

DISCOVER TWO USEFUL B2-LEVEL PHRASAL
VERBS WITH EXPLANATIONS AND EXERCISES.



39. LASH OUT

Meaning & Use: Use 'lash out' to describe reacting angrily towards a person when something or someone else has annoyed or upset you.

What you should know: *It suggests a sudden and uncontrolled burst of anger, which is often triggered by a problem or issue and is usually brief.*

Grammar note: *It is inseparable and commonly followed by 'at' + person or thing that directly receives the anger or criticism.*

Commonly used with: *Criticism, frustration, anger*

❌ **Common mistake:** The manager lashed his employees out.

✅ **Correct sentence:** The manager lashed out at his employees.

Sorry for what I said, I didn't mean to lash out at you!

Lashing out at your brother is not going to make the problem go away!

James lashed out at his friend who tried to help him.

40. GROW APART

Meaning & Use: Use 'grow apart' to describe when two people gradually become less close over a period of time.

What you should know: *It suggests emotional distance that increases over time rather than sudden or aggressive conflict. It can be used to talk about friendships, relationships and marriages.*

Grammar note: *It is an inseparable phrasal verb and is often followed by expressions of time.*

Commonly used with: *Couple, friends, partners, siblings*

❌ **Common mistake:** The couple grewed apart and eventually decided to separate.

✅ **Correct sentence:** The couple grew apart and eventually decided to separate.

I never argued with my ex-boyfriend; we just grew apart!

My best friend and I have grown apart since we moved to different towns.

Let's make an effort to ensure we don't grow apart after college.



1. CORRECT THE MISTAKES IN THE SENTENCES BELOW

1. The manager lashed his employees out.
2. My wife always lashes out to me when she has had a hard day at work.
3. The couple growed apart and eventually decided to separate.
4. Time has grown us apart.

2. COMPLETE THE SENTENCES USING THE CORRECT PHRASAL VERB

1. The two university friends _____ since graduating.
2. The manager _____ at his colleague during the meeting.
3. I am sorry for _____ at you last night; I was stressed!
4. Let's make an effort not to _____ as we get older.

3. SPEAKING QUESTIONS

1. Have you ever lashed out at someone? Did you regret it afterwards?
2. Do you think it's normal for people to grow apart as they get older? Why or why not?

THANK YOU!

Thank you so much for downloading this free sample of my PDF workbook *40 B2-Level Phrasal Verbs That Native Speakers Use Daily*, which includes 40 carefully selected common phrasal verbs to help you understand native speakers and speak more naturally and confidently.

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PHRASAL VERBS EXPLAINED

40 B2-LEVEL PHRASAL
VERBS THAT NATIVE
SPEAKERS USE DAILY

EXPLANATIONS - EXAMPLES -
COMMON MISTAKES - EXERCISES

ANSWER KEY: 1.1 - The manager lashed out at his employees / 1.2 My wife always lashes out at me... / 1.3 The couple grew apart... / 1.4 We have grown apart over time. 2.1 grew apart / 2.2 lashed out / 2.3 lashing out / 2.4 grow apart